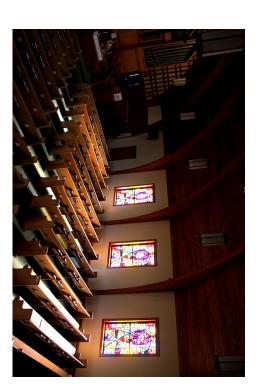
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# McAllister Messenger May 30, 2021

# A Word From Your Pastor Three Ways To Travel

This past weekend, my family and I took a trip on the Blue Ridge Parkway. Getting on near Buena Vista, we travelled north to Waynesboro. It was a gorgeous day, ideal to be travelling on this unique road that crisscrosses the ridges and gaps of the Appalachian Mountains.

As we travelled, I noticed that there are three basic ways to enjoy the parkway: In a car, on a motorcycle, or on a bicycle. Each mode of travel offers a distinct experience. Travelling by car offers a climate-controlled ride, free from any heat or cold or precipitation. Travelling by motorcycle allows more open exposure to the elements. And travelling by bicycle not only exposes one to the elements, but adds the additional challenge of having to power oneself over the long ups and downs of the Parkway.

These three different ways of travelling the Blue Ridge Parkway remind us of the different ways we negotiate our faith lives. Sometimes, we are cruising through life as if we are in a car — breezing up and down the hills and not even breaking a sweat. Life in this mode seems easy and comfortable.

At other times, our life is more like the motorcycle ride. We power up and down the hills, but we are more exposed to the environment around us. We are more affected by the different conditions that life throws at us. Finally, there are times when we feel like the cyclist – struggling over each hill, feeling the pain and wondering if we will ever reach the top.

Which mode is your faith in right now? How are you experiencing the ups and downs of life? If you are like the car rider, are you appreciating the beautiful views and the luxuries that are yours? If you are like the motorcyclist, are you feeling grateful for the power that gets you up each hill? And if you are like the cyclist, are you simply hanging on and not giving up, having faith that the top of the hill will come.

Whichever mode we are in, we can take comfort in the presence of God around us. Every type of traveler gets to enjoy the beautiful views. Are you appreciating the beauty that is around you right now?

# June Birthdays

 $3^{rd}$ Joe Martin 7<sup>th</sup> Molly Parker George Stinnett 10<sup>th</sup> Kellen Sponaugle Jennifer Horn Lodge Eric Webb David Keith 15<sup>th</sup> Hayli Givens Maggie Webb  $18^{th}$ Howard Poague 19<sup>th</sup> Marlene Faidley  $20^{th}$ Robert Boone  $21^{st}$ Ed Gibson  $23^{\rm rd}$ Maddox Hale  $24^{th}$ Tarie Warlitner Katie Gibson 25<sup>th</sup> Leta Bartley Wayne Barksdale Linda Wickham **Aubrey Bowling** Silas Riley Donna Tucker  $30^{th}$ Anita Boone Jeff Horn

# **Anniversaries**

$2^{nd}$	Bobby & Anita Rice
	Rick & Leslie Downer
$3^{\rm rd}$	Chris & Ruth Caul
	Jerry & Katrina Givens
$7^{\text{th}}$	Mike & Carol Fleenor
9 <sup>th</sup>	Lee & Lelia Fadley
12 <sup>th</sup>	Gail & Larry Washburn
	Marshall & Donna Fox
14 <sup>th</sup>	Danny & Rhoda Hill
21st	Frank & Susan Sponaugle
	Gary & Beverly Bishop
29 <sup>th</sup>	Buddy & Margie Young

# Congratulations Graduates Class of 2021 High School

## Rachel Anne Madeline Reyns

Rachel graduates from Covington High School. She will attend Dabney S. Lancaster Community College before transferring to James Madison University to continue her studies. Rachel is the daughter of Frank and April Reyns, and the granddaughter of Betty Gibson and Irene Drumheller.

# Maryemma Shifflett

Maryemma will graduate from Alleghany High School—one year ahead of schedule. Maryemma will attend Purdue University. She is the daughter of Patrick and Jill Shifflett-Ramsey, and the late John Shifflett. Her grandparents are Van and Brenda Walker, and Robert and Charlotte Shifflett.

#### John Edward Gibson

John Edward graduates from Cherokee Bluff High School in Flowery Branch, Georgia. He is the grandson of Edward W. "Ed" Gibson, Jr.

is Monday, May 31.

The office will be closed.

#### Prayer Concerns:

Tillie Agnor Jovce Emerson Mildred Akers Lee & Lelia Fadley Evelyn Scruggs Amos Barbara Flint Hershel Andrews Marshall & Donna Fox Jan Armentrout Thomas Fridley Mary Austin Betty Gibson Erskine Back Eddie Gibson Miki Ballengee Robert & Gail Gibson Bob & Leta Bartley Carol Grady Linda Bogar Teresa Griffith Anita Boone Evan Groves Stacey Bryant Scott Hamilton Sue Burns Don Hampton Emily Byer Richard & Cora Hastings Elwood Cadd Danny & Rhoda Hill Sandra Hill Benny Capps Jean & Harry Casey Robert "Buzzy" Hoke, Jr. Betsy Caul Connie Holloway Anne Chalker James Hoover Junior Clark Neil Horn Minnie Clark Shana Hotzapolous Lori Wolfe Isaacs Sandra Clemmons Kenzie Cline Charlie Jeffries Wendell & Judy Jones Ricky Cooke Donna & Steven Craft Susan Kennedy Mary Kern Luke Crawford Kathy Crutchfield Pam Key Pat Davis Richard & Tammy Law Katherine Dobbins Debi Leitch Corky & Janice Downer George Leitch Leslie Downer Susan Lindstrom Priscilla Downer Dianne Lockhart

Becky Mann Jennifer Markham Mike & Kathy McCauley Pearl Miller Sonya Milton Priscilla Moncus Doris Mottern Lvdia Nicely Travis O'Rourke Berkley & Joyce Persinger Billy Powell Teresa Powell Paula Pruitt Betty Ray Frank & April Reyns Jim Reyns Carolyn Ross B. R. Rupert Shelldon Shue Monzell Sovereen Angie Sponaugle Matt Sponaugle Natalie Sponaugle Pat Tacy Susan Terrell Adena Tingler

Ethan & Marcy Thompson Carolyn Tolley Darrell & Donna Tucker

Michael Tucker Pete Turner Buddy Vass Jackson Lowe (age 7 ~ cancer) Danny Warlitner

Sandra Watson Dennis Whitehead Pat & Larry Whitmer Christy Wiley Martha Wilhelm Megan Williams Donnie Williamson Donna Wilson Dot Wimer Joey Wimer Linda Payton Wolfe Chuck Woodson Ray "Lumpy" Worley Connie Wright Buddy & Margie Young Kassie Young

> Our Nation Caregivers Covid—19 Patients Elected Officials Essential Workers Non Believers President Biden Prisoners U.S. Troops Students/Teachers/WRE



BRIAN CENTER—Bill Lockhart, Ruby Stull

VIRGINIA VETERANS CARE CENTER—Roy Lee Reynolds

SCOTT HILL—David and Phyllis Lynn, Sara Mays, Mary Whitehead

SHUT-IN—Joyce Bartley, Jean Broughman, Hallie Dressler, Shirley Ferris, Etha Hayslett, Andy Howell, Frankie Marshall, Bonnie Patterson, Shelby Rock

#### **DEATHS**

Victor Cucci Chanda Higgins Dr. Calvin McClinton Robert Paitsel Sally Steele Gladys Mae Tingler

Kaylee Elmore

Richard Bowen Gary Wayne Jennings Terry Wayne Johnson Johnny Meadows Glenda Murray Nancy Pearman

#### **MILITARY**

Kristen Bennett Kristopher Hoffman Ryan Pritts Chris Whitehead

#### **MISSIONARIES**

Tom & Judy Harvey Esslinger/Lee

#### **Newsletter Information**

Please submit newsletter information and prayer request by email, post mail, or by phone.

(Deadline for the next newsletter is Monday  $\sim$  June 7 @ 4 p.m.)



# Notes From Pastor Jim

♦ The Session has decided that those who have been vaccinated can attend wor-

ship without a mask. Of course, if you feel more comfortable wearing one, please feel free to do so.

- With Covid being less and less of a concern, I am now getting back out and making home visitations. If you have been vaccinated and would like a visit, or know somebody who could use one, please give me a call. (434-738-8841)
- Sunday school is starting back up on June 6. The adult classes will combine and meet in the Fellowship Hall. The youth will meet in their classroom downstairs, and the children ages 3-5th grade will meet together in the classrooms that open up downstairs. The time for Sunday school will be 9:45 to 10:30.
- The youth are having a picnic on June 13 at Fort Young. We will leave immediately following worship. Bring a side dish to share. The church will be providing chicken.



# The Frog Race

There was once a bunch of tiny frogs, who arranged a running competition. The goal was to reach the top of a very high tower. A big crowd gathered around the tower to see the race and cheer on the contestants.

The race began...

No one in the crowd really believed that the tiny frogs would reach the top of the tower. They shouted, "Oh, way too difficult!!! They will NEVER make it to the top" and "Not a chance. The tower is too high".

The tiny frogs began collapsing, one by one except for those who, in a fresh tempo, were climbing higher and higher....

The crowd continued to yell, "It's too difficult! No one will make it!"

More tiny frogs got tired and gave up... But one continued higher and higher. This one wouldn't give up! And he reached the top.

Everyone wanted to know how this one frog managed such a great feat. His secret? This little frog was deaf!!

The wisdom of this story is:

Ignore the pessimism of others. It can take your dreams from you. Stay positive.

-Author Unknown from Heavens Inspirations

# College ~ Class of 2021

# Kelley Susanne Tingler

Received her Masters of Science Degree in Counselor Education with a concentration in Clinical Mental Health Counseling from Radford University. She received a position with Carilion Roanoke Memorial Hospital working as a mental health therapist. Her parents are Harry and Gina Tingler.

## Adam Harrison Tingler

Graduated from James Madison University with a Bachelor of Science in Health Sciences. He will attend Radford University in the fall to begin his Masters study in Occupational Therapy. He is the son of Harry and Gina Tingler.

# College ~ Class of 2020 (COVID delayed)

## Christopher Sayre

Christopher, the son of Sandy Sayre, grandson of Dorothy Wimer and the late Joe Wimer, Sr., received a Master of Science Degree (with High Distinction) in Cyber Security from Liberty University in December 2020. Due to COVID, graduation ceremonies was cancelled.

As a surprise for Chris, Sandy rented Vineyard Park, West shelter on April 5, 2021. and provided a catered meal for Chris' family and friends, followed by a private graduation. Chris wore his cap and gown, and brief "Pomp and Circumstance" played. The hooding took place and he was presented with his diploma by his Mom, the Master of Ceremonies.

#### Rachel VanLandingham

Rachel, the daughter of Charles and Susan (Jamison) VanLandingham and the granddaughter of the late Jack and Doris Jamison, received her Bachelor degree from Virginia Tech in 2020. During the "Most Unique Graduation" ever, Rachel put on her cap and gown and turned on the pre-recorded graduation program. As her name was called, she walked across the den to where her dad was holding a rolled up piece of paper and shook his hand. After months of job hunting online, Rachel was hired as a Technical Writer for ManTech, a defense contractor.



## Musical Minute:

Silence is terribly underrated. You may find that an odd thing for me to say, as my primary role at McAllister is to make noise! As an organist, I still get a kick from sitting at the console, depressing a bunch of stops, hitting a chord and hearing the mighty roar of the full organ. The tempta-

tion to do this is particularly alluring for young and beginning organists. (It's basically the keyboard equivalent of driving too fast when you're a teenager.) My first organ professor often advised me, "Not everything has to be loud and fast!" Well—it may not be necessary, but it's a whole lot of fun! So some of you who may have found yourselves plugging your ears when I've played a particularly loud and bracing prelude or postlude may be surprised to learn that I'm actually a pretty quiet person, content to be alone with my own thoughts a good bit of the time. (A good friend once asked me, "Do you like being an organist because you like being alone or do you like being alone because you're an organist?" I'm not sure the answer to that question, but there's no doubt, we organists do spend a lot of solitary time in empty sanctuaries!)

Over the last two weeks I've had ample time outside planting my flower pots for the summer and working in the vegetable garden. The birdsong has been glorious with mating pairs calling to one another and hatchlings screaming to be fed, all of it punctuated by the drumming of the various woodpecker species which live around our place. The evenings are filled with the calls of peepers and the gray tree frogs that live high in the canopy around the house. There has to be silence to appreciate nature's abundant cacophony.

I certainly value the convenience of the now ubiquitous cellphone and the sense of security it provides, but I am particularly grateful to have been raised without one. There are days when I spend a good bit of time with my phone in my hand, but thankfully, there are more days when it stays in my purse or on the bench in the front hallway for the whole day. I may glance

at it, but I don't pick it up. It's too easy to intentionally look something up online (useful) and then waste an hour scrolling through internet headlines (not useful!). Scrolling may be a quiet activity, but it doesn't translate to silence, or time to think.

I returned to McAllister in 2017 for various reasons, but a contributing factor and one of the most poignant was hearing our Holtkamp played at Susan Parker Potter's funeral in 2013. The sounds of the beautiful flute stops on our organ are as familiar to me as my own voice, and I found them speaking to me as we communally grieved the loss of our dear Susan. There wasn't absolute silence in the music, but there was quietude and serenity, and space to contemplate loss, joy, and purpose. The tiniest germ of a seed was planted . . . (Could this have been one of those Pentecost moments that Pastor Jim spoke about in his sermon on Sunday?)

I'm going outside now to water my young tomato plants and listen to the birds sing. I hope that you're able to carve out some time this week for whatever brings you joy, calm, and time to think.

Take good care.

#### Beth

McAllister Church extends sympathy and prayer to the family and friends of:

Gladys Mae Bess Tingler ~ aunt of June Ann Cooke

Sarah Ellen "Sally" Shackleton Steele ~ member (inactive)

#### In memory of:

Carl and Jean Irvine
Berkley Key
Louise Whitehead
Eddie and Maxine Williams
Joseph A. Wimer, Sr.

By Charlene Walker

# Memorials

# To the COPE Food Pantry In memory of:

James "Jim" Flint

By

**Gary and Drema Waters**